

MEROS INTERNATIONAL INSTITUTE

SLC Specialist Language Courses

ENGLISH FOR CARE

DELIVERING OUTSTANDING CARE

Accredited cpd Activity

60 Hours

ONLINE

ENGLISH LEVEL: A2 & B1
Elementary & Lower-intermediate

Communicating accurately and effectively is critical to the safety, care and wellbeing of patients.

This course teaches the English that care professionals and students need to communicate effectively in many patient scenarios, including patient admissions, activities of daily living, vital areas of care, looking after elderly patients, and working with mental health issues.

The course is designed for care professionals and students with an elementary and lower-intermediate (A2-B1) level of English who work or study in English.

The course is easy to use, enjoyable and, above all, practical.

COURSE CONTENT

Patient admission

- Introducing yourself
- Checking patient information
- Patient confidentiality
- People and places in the hospital
- Taking patient observations
- Hospital chart: observation chart

eating and drinking

- Talking about meals
- Helping with meal times
- Completing a fluid balance chart
- Avoiding dehydration
- Hospital charts: MUST chart

Personal Care

- Talking about incontinence
- Urine output
- Assisting patients with personal care
- Talking about constipation
- Ensuring dignity and privacy
- Hospital charts: bowel charts

Mobility

- Language of mobility
- Rehabilitation and disability
- Care of a plaster cast
- Helping a patient after a hip operation
- Care after a stroke
- Hospital chart: patient handling

Pressure area care

- Pressure ulcers
- Managing pressure ulcers
- Log rolling a patient
- Intentional rounding
- Hospital chart: pressure ulcer assessment tools

Falls and injuries

- Falls, slips and trips
- Types of injuries
- Wounds and dressings
- Scenario: a resident has a fall
- Accountability of HCAs
- Hospital charts: falls assessment

elderly patients

- Gerontology and the ageing process
- Legal and ethical issues in ageing
- Dementia in the elderly
- Parkinson's disease
- Talking about osteoporosis
- End of life care, supporting relatives

infection control

- Cycle of infection and contagious diseases
- Body temperature
- Pneumonia and other chest infections
- Talking about respiration
- Hospital acquired infections
- Use of PPE and hand hygiene
- MRSA , talking MRSA swabs

Pain

- Types of pain
- Asking about pain
- Using pain scales
- Pain behaviour in the elderly
- Non-pharmacological pain relief
- Chest pain and the heart

Mental Health

- The Mental health team
- Depression in the elderly
- Talking about depression
- Confusion in the elderly
- Substance misuse
- Alcohol Withdrawal Score
- Dealing with challenging behaviours
- Managing aggressive patients

inputs: during the course, you listen to conversations, read medical texts and hospital charts, watch animated videos, look at work-related photographs and images, and study vocabulary, grammar and pronunciation focus points.

exercises: you take a wide range of exercises to help learn the language you need. The exercises concentrate on learning the English required in multiple healthcare scenarios.

length: 60 hours, with each unit designed to take 6 hours to complete.

Progress assessment: at the end of every unit, there is a progress review and test so you can assess what you have learnt.

course accreditation: The course is accredited by the CPD Standards Office in the UK, whose professional qualifications are recognised worldwide.

End of Course Certificate: When you complete the course, you receive a formal CPD Standards certificate, accepted internationally and across multiple professional sectors.

about the author: Virginia Allum is SLC's Head of Medical English and an internationally renowned medical English author, speaker and trainer.

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